

Winters nearly over, so time to get those bodies in shape ready for the beach! luckily you belong to the Club that can help you with that daunting task 😊 There is plenty going on for you to join in with.

Saturday Fun Run

Every Saturday morning without fail (even if it's hosing down with rain!) there is a run/walk from the Stone Store Basin car park (the one at the end of Landing Road) We have long (8km) and short (4km) routes available and it is up to you if you run, run/walk or walk. Afterwards there is an open invite to come along for post-event coffee at Santeez Café.

Wednesday Walkers

Quarter past five on Wednesdays is now firmly established in the fitness routine of a keen band of Club Members. The group meets outside the Kingston House Clubrooms and explores different tracks/routes around Kerikeri for about an hour or so, ending up back at the Clubrooms. Why not come along? And if you know anyone else who may be interested please spread the word.

Kerikeri Half Marathon

Some of you may not know, but Striders actually started the half marathon, because of this, we get a number of free tickets each year. This year we'd like to use the tickets to form two teams, one for runners and one for walkers. If you're interested in being part of a team please come along and start training with one of the groups above.

Club Shirts

It has been a while since we've had a new Club Shirt. We'd like a design that is suitable for each of the Striders disciplines (cycling, running, gym, etc). Below is a quick idea of what a design could look like. If you'd like to help out with the design (i.e. preparing/producing potential designs) please let me know. I'm sure someone out there can prepare something more fitting (excuse the pun)

